



Understanding cognition and principles of conducting cognitive stimulation activities

Maintaining cognitive function in an older adult is important. Cognitive function would determine the ability to remain independent in their daily or determine the kind of the assistance they need. In this course, participants will learn about cognitive decline and dementia and how to engage older adults in cognitively stimulating activities.

COURSE DETAILS



14 Nov 2025
9 am to 1 pm



Learning Objectives

- Participants will be able to explain the benefits of cognitively stimulating activities with clients
- Participants will be able to differentiate normal aging and dementia.
- Participants will be able to engage cognitively stimulating activities with their clients



Course Fees

\$250 (incl. GST)

CCTG funding is eligible for 90% funding for Singaporean/Singapore Permanent Resident (PR) and 45% funding for foreigner.



Who Should Attend

Health care staff involved in the care of older adults in setting such as centre based services, home therapy, nursing homes and AAC



Method

Online