



Introduction to Frailty and how to assess them (Mandarin)

Frailty is not a normal part of ageing and it could present in different ways; physically, cognitively and socially. Frailty exists on a spectrum, with varying levels of severity and can be difficult to identify in its early stages. It is important to identify frailty early and this can be done using Clinical Frailty Scale (CFS). In this course, participants would learn to the different aspects of frailty and picking up the signs and symptoms early. Participants would also learn to rate older adults on the CFS.

COURSE DETAILS



25 March 2025
9 am to 5 pm



Learning Objectives

- Understand the consequences of frailty and the importance of addressing frailty early
- Understand the different types of frailty – social, cognitive and physical frailty
- Understand Clinical Frailty Scale
- Apply Clinical Frailty Scale on older adults



Course Fees

\$500 (incl. GST)

CCTG funding is eligible for 90% funding for Singaporean/Singapore Permanent Resident (PR) and 45% funding for foreigner.



Who Should Attend

Health care staff involved in the care of older adults in setting such as centre based services, home therapy, nursing homes and AAC



Method

Face to Face @ Ren Ci Learning Academy (71 Irrawaddy Road, Singapore 329562)