

ISSUE

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Ren Ci 仁慈



www.renci.org.sg



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GOING BEYOND

Special Edition

无

Immensity

限

Ren Ci Hospital is proud to launch our latest online fundraising campaign with 《Immensity | 无限》 at Giving.sg
Scan the QR code to watch the MV.



The Editor

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This quarterly publication is produced by Ren Ci Corporate Communications.
If you have any contributions, comments or feedback, please get in touch with us.

Do Charity with Ren Ci Shop 2021

We're excited to announce that Ren Ci has launched its first ever e-shop at www.docharitywithrenci.com!

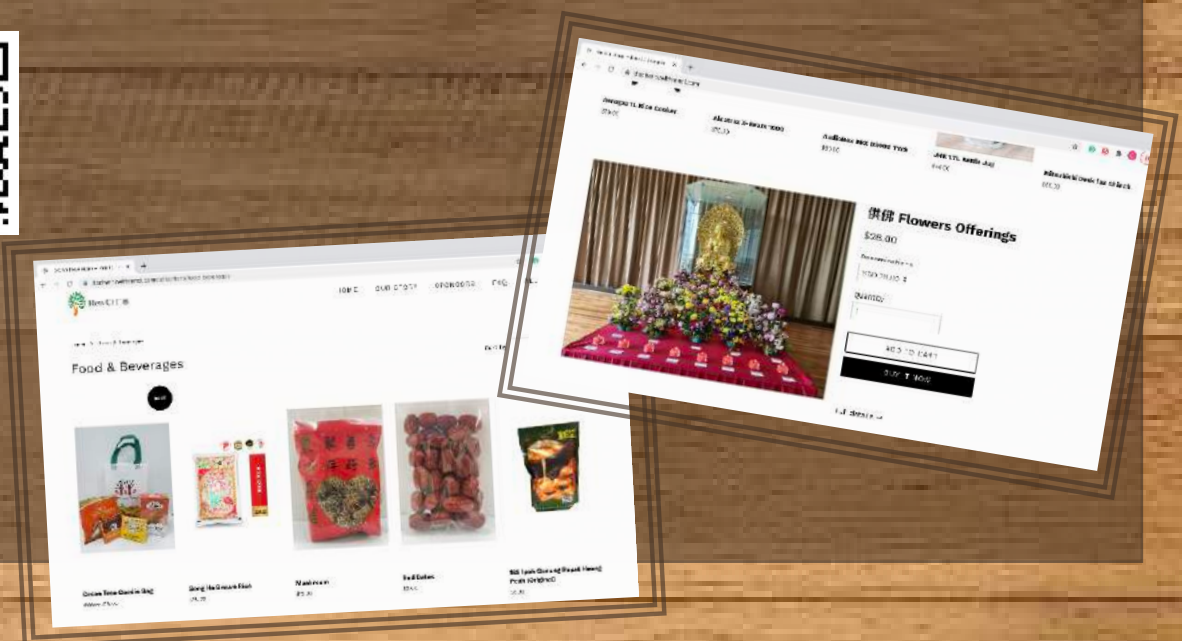
In lieu of our signature Vegetarian Food Fiesta, we went online this year. We were blessed to have received various sponsored merchandise and food & beverage vouchers for us to fundraise, ranging from delicious food to wellness products and even vintage homewares.

The response from the general public has been heartening, with a number of our items already sold out. We also have very enthusiastic response to Gift-a-Meal, where buyers purchase a delicious vegetarian meal for our residents for just \$10. Ren Ci will handle all logistics on our end, and we have over 160 meals sponsored to date!

We are truly grateful for the encouragement that we have received from the community in support of our delivery of care and services to the seniors. If you would like to support this initiative too, do hop over and see if anything strikes your fancy! Alternatively, you can also contribute directly on our Giving.sg campaign at www.giving.sg/ren-ci-hospital/do_charity_with_ren_ci or scan the QR code below.



Ren Ci Shop





Immensity of Loving Kindness and Compassion

The unprecedented pandemic has been a long and difficult journey and has taken an emotional and physical toll on many of us. As the nation transits to “Living with COVID-19”, Ren Ci is proud to present Immensity | 无限, an original song composed by one of Ren Ci’s staff, as a tribute to every healthcare worker and also the everyday heroes who persevered during this long battle with the virus.

As healthcare workers in the community care sector serving vulnerable seniors, we have soldiered on in our duty of care, overcame challenges to protect vulnerable seniors from the potential threat of the infection during these critical times.

Performed by five Ren Ci staff and three volunteers, this song is a gift from us as recognition and appreciation for everyone’s vigilance in this battle against the coronavirus. It is also a reminder that we are capable of living with COVID-19 as endemic disease while continuing to find joy, love and compassion in life. SMS Dr Koh Poh Koon has expressed his support for the campaign and graciously shared about the song and video at www.facebook.com/drkohpohkoon/posts/452612766235799.

Immensity | 无限 also launches our latest year-end fundraising campaign starting 1 December at www.giving.sg/ren-ci-hospital/Immensity. We hope that the music and lyrics will strike a chord with listeners and that they too will be touched by the immensity of loving kindness and compassion that has shone through during this pandemic. Watch the music video at <https://youtu.be/NPpEYjI3-ak> or scan the QR code.

“

Throughout the adversity, I am heartened to see the bright side of humanity and how we all come together to love and care for the vulnerable and needy. This song Immensity | 无限 echoes the Ren Ci journey since the start of COVID-19 and how we have fought the good fight to emerge stronger today, while delivering care with heart and hope and keeping ourselves, our patients, residents and clients safe.

Mr Thomas Ang
Senior Executive Assistant
composer of Immensity | 无限



Immensity MV



Our Board and Senior Management team at the annual retreat

Continuing on Our Strategic Path

Ren Ci 2025, our organisational five years strategy, was launched in July last year amidst the COVID-19 pandemic. It centres around five strategic themes of 5P namely People, Process, Partnership, Place and Products & Services to guide our work towards our aspiration of becoming the leader in community care.

The new Board under the leadership of Chairman Mr Seow Choke Meng and the Senior Management team gathered for a day retreat to review the progress of Ren Ci 2025 in November 2021 as well as to identify strategies to continue providing good care services to our beneficiaries in the new norm.

Attendees were well-prepared with background reading materials and participated actively to the various updates and sharing. The general consensus was that while we should take pride in the many achievements we have made in the past year, we must also strive to do even better in the years ahead.

Newly appointed board members since July this year, Mr Jeffery Chua, former Senior Managing Director (Operations) at CapitaLand Singapore and Mr Anthony Mallek, former Chief Financial Officer at Singapore Press Holdings Limited, participated actively during discussions and were particularly keen for the organisation to tap more on innovations and technology to enhance productivity and improve care.

With renewed commitment from Board members and senior staff on our updated plans, we look forward to working closely with our stakeholders in the years ahead.



Ren Ci has kept up with the good work despite the challenges brought on by the pandemic. And we must continue to strive for excellence in our delivery of care for the community.

Mr Seow Choke Meng
Chairman

A Heart of Love and Devotion

Ms Sally Soo is a dedicated caregiver not only to her mother but also her younger brother who needs supervision. A regular visitor who comes by almost every day, she actively teams up with our staff in our Chronic Sick ward to help improve care for her mother.

Being a proactive caregiver, Sally does all she can to improve her mother's care. She listens attentively to learn and understand more about her mother's condition. Sally also never hesitates to take on simple care tasks, such as chest tapping to clear her mother's lungs of fluid whenever she is able to be around. She also engages her bedbound mother with simple games such to stimulate her sense.

Sally feels that this is the least that she could do for her mother, to repay her for all the love and care that was shown to her. Although initially fearful of hurting her mother, she courageously took on the role of caregiver for her mother and has become a valued care partner. We nominated her for the Singapore Patient Caregiver Award and her collaborative spirit and keen devotion to her mother moved the panel of judges to select her as one of the deserving recipients of this award.



Booster Up for Better Protection

Booster vaccination is a key move as the nation shifts towards becoming a COVID-19 resilient nation and the new normal of living with the endemic disease.

When MOH gave the green light for healthcare workers and seniors in the community care setting to receive their third COVID-19 vaccines, the booster dose vaccination exercise was swiftly carried out for all eligible staff, patients, nursing home residents and day care clients. As of end November, close to 100% of eligible staff and over 90% and 70% of eligible residents and day care clients have received their third dose respectively.

We also encourage discharged patients and day care clients who had allergic reactions to mRNA vaccines to receive their Sinovac-CoronaVac booster vaccination in the community to better protect themselves.



Back for Charity Tee-off

After a year's hiatus, Ren Ci Charity Golf Tournament returned in a safe manner on 21 October 2021 at the lush and beautiful Tanah Merah Country Club, Garden Course.

The sunny weather gave the 128 golf enthusiasts much to cheer about and the event raised a total of \$631,010 through flight sponsorship and outright donations. The Organising Committee Chairman Mr Nelson Lim and Co-Chairman Mr Jonathan Yeo, would like to express their immense gratitude and appreciation to all sponsors and donors for supporting and making this fundraiser yet another success.



The Joy of Giving

Ren Ci Hospital is very grateful for the support from both new and existing donors. The trust and recognition of our good work motivates us to continue providing our seniors with high standards of care. Our fulfilment of our vision of Holistic Care with Loving Kindness and Compassion would not be possible without your partnership and support.

We would like to thank:

Loke's Association for their donation of \$100,000

UOB Kay Hian Private Limited for their donation of \$200,000

Mr Wee Ee-chao for his donation of \$200,000

Nassim Hill Realty Pte Ltd for their donation of \$200,000

As well as all our donors who have supported us this year. We look forward to your continued partnership and support in 2022!

*Chairman Mr Seow Choke Meng receiving
cheque from Loke's Association*





With Gratitude and Appreciation

After a turbulent two years, Ren Ci held its first fully online Volunteer Appreciation to acknowledge and honour our volunteers for their great work during the pandemic! The online event was a hit, with almost 200 attendees in total. Mayor Denise Phua graced the event with a heartfelt message for our volunteers, while Ren Ci Chairman Mr Seow Choke Meng and Ren Ci CEO Mr Joe Hau actively participated in the lively programme hosted by Ren Ci's own staff.

We are blessed with a pool of faithful volunteers, some of whom have been volunteering with Ren Ci for 25 years. In total, we presented 160 volunteers with their long service awards:



Volunteer group CloverHearts were also honoured with the Ren Ci Inspirational Engagement Award for their creative online live tours that bring our residents “out” to tourist attractions, nostalgic neighbourhoods and festivals. Find out more in our previous issue of Going Beyond, where we featured their fun tours.

It hasn't been easy for the volunteers who had to quickly pivot from face-to-face interactions to online platforms when the pandemic hit. There was a steep learning curve, but together with our staff, everyone has pitched in to do their best and we are really happy to recognise all the big hearts and effort that have gone into their sessions.

On behalf of Ren Ci, thank you to all volunteers and partners for your care and love to our seniors! We hope you continue to find fulfilment in volunteering and look forward to partnering you for more years to come.

Do you know?

The oldest 25-year long service awardee is in her 80s, while the youngest 25-years long service awardee is only in her early 40! She began volunteering with us when she was just 19 years old.

Sowing Seeds of Heart and Hope

Gardening has a myriad of benefits, contributing to physical, mental and emotional wellbeing. This is why we made sure to design and designate areas for gardening in our nursing homes, but you don't need large spaces to be able to reap these benefits! You can do so right in your own home with just some simple planter boxes. At Ren Ci @ Bukit Batok St. 52, we have a dedicated rooftop garden that enables our residents to enjoy the view of the neighbourhood while gardening. A hydroponics garden was also set up last year, mainly tended by the Senior Care Centre clients. Meanwhile, at Ren Ci @ Ang Mo Kio, each household has a personal balcony garden where they can grow and nurture plants of their choosing, from edible vegetables to vibrant flowers.



Benefits of Gardening

Gardening has great physical benefits, especially so for seniors. We designed our gardens to have features such as table-height planter boxes, so that even residents in wheelchairs are able to flex their green thumbs – simple accommodations that translate easily to home gardens too. The movements involved in weeding, planting and harvesting help supplement our residents' rehabilitation exercises, helping them retain their mobility. Exposure to greenery and plants have also been shown to have emotional and mental benefits, as being closer to nature can bring calm and rejuvenation to gardeners. These gardens have also helped our residents strengthen their bonds with our care staff, as they collaborate to nurture the various plants.

Best of all, these gardens help to empower our residents and clients. One of the key components of Ren Ci's person-centred care is to give the seniors under our care the autonomy to continue making decisions, thus contributing to their dignity and sense of identity. By making their own decisions on what to plant, nurturing the chosen plants and enjoying the fruits of their labour, our residents and clients are able to exercise their independence, which is especially important to our nursing home residents' emotional and mental wellbeing.



From Garden to Plate

Although decorative plants are grown in the Ren Ci gardens, our residents and clients especially look forward to the harvesting of the edible veggies that they grew and nurtured with their own hands. These include lady's finger, tomatoes, long beans, bitter melon and – the hot favourite – chilli! Ginger plants and even a banana tree have also been planted to see if they can be harvested. Herbs such as basil are a big hit too, especially since they don't need much space and grow well in planter boxes or smaller pots.

These vegetables make a fun and healthy addition to the plates of our residents. For example, Mr Chan from Ren Ci @ Ang Mo Kio showcased his culinary skills by dishing up a stir-fried bitter melon with egg dish for his friends in the same household! As an instrumental activity of daily living, knowing that our residents are both physically and mentally capable of cooking brings our staff great joy and satisfaction.



Organic Hydroponics Adventures

The start of the COVID-19 pandemic at the beginning of 2020 was also the start of hydroponics gardening at our Senior Care Centre co-located in Ren Ci @ Bukit Batok St. 52. The innovative mode of growing of herbs and vegetables without the use of soil was piloted at the Centre with the aim of providing clients with a sense of autonomy and ownership by planting the seedlings of their selected crops and caring for them until they were ready to be harvested and eaten.



extra greenery to the garden at the Centre which is another form of sensory stimulation for clients with moderate to severe dementia.



In fact, the garden project at Ren Ci @ Bukit Batok St. 52 has been so successful that it was awarded the Gold Community in Bloom Awards by NParks this year!

The award is testament to the good work our staff have been doing in collaboration with our residents and clients, and we

will continue to engage them using their interests as part of Ren Ci's way of care.

The effects seen on our clients with dementia has been extremely satisfying! 64 year-old Mdm Joanne Tan, a dementia day care client, became intrigued by the soil-free crop growing process after our staff conducted classes to teach our clients about hydroponics gardening. She became pre-occupied with the gardening tasks such as checking on the plants and the removal of rotting leaves. Since then, her wandering behaviour has largely minimized. She also looks forward to harvesting the organic vegetables which our therapist and therapy aides would help cook for the clients.

Mdm Tan has since recruited other clients to join her as gardeners and they are exploring growing herbs like basil and mint next. Besides being a therapy activity, the hydroponics also added

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Our seniors particularly enjoy the autonomy in looking after the plants, and harvesting and cooking serve as a reminiscence of the olden days. Others enjoy gardening because of their interests. By giving them the opportunity to engage in gardening, their time with us is enriched and their wellbeing is improved.

Priscilla Chng
Senior Occupational Therapist

Uncovering New Talents

Art therapy has been a well-received form of psychotherapy that uses art media as its primary mode of expression and communication to enhance well-being and empower individuals. Introduced in Ren Ci since 2017, art therapy offers creative exploration to address the psycho-social and emotional needs of our seniors.

One nursing home resident who has been receiving art therapy is 65 year-old Mr Peter Seng, who was first introduced to the Art Therapy Open Studio in late 2018. Open Studio is an art therapy approach in a group setting where participants gather to work on their own artistic practices to empower themselves, foster a sense of belonging, and maintain a sense of autonomy and creative freedom.

In the supportive presence of our art therapist, Wan Xiang, Mr Seng continues to find ways of expressing his values and purpose through creative means. He takes his time to paint, citing that it was important to add strokes only when he feels compelled to. He often contemplates his concepts to make sure that the outcome can reflect what he has in mind. Mr Seng used to paint and draw in his schooling years, but had not touched art in a long time, having been in the construction industry for more than a decade. Currently, Mr Seng enjoys painting subjects such as waterscapes and historical events, along with the exploration of self identity as he conceptualises his creations from imagination.

Creations after creations, Mr Seng has gained confidence in his emerging artistic growth and identity as an artist. As he deepens his connection to his creative source, Mr Seng was also embolden to take part in the recent 2021 UOB Painting of the Year Art competition and has since been active in seeking opportunities for his artworks to be exhibited and shared with others.

In fact, Mr Seng's series of new creations will be going public! They will be a part of an art exhibition, '**To Feel Our Selves Again**', organised by Paperwork at the National Design Centre. The exhibition aims to raise the awareness of the role of art in mental wellness – its effects, its roots and intentions as well as its potential to heal.

All artworks at the exhibition are for sale and all proceeds go directly to each artists. Mr Seng has priced his artworks as pay-as-you-wish, and he intends to use any earnings from the art sales to treat his fellow house mates to a good meal or two. Join us as we celebrate this momentous milestone in Mr Seng's artistic journey as an emerging artist!

To view the exhibition and support Mr Seng at Paperwork on the third floor of the National Design Centre, book a free ticket on Eventbrite at <http://bit.ly/peterseng> before end January 2022.



Painting calms me down and keeps my mood good throughout the day. I am very happy to bring laughter, to show care and concern to others in the home

Mr Peter Seng
Resident



Walk With Confidence

Ms Tan Tzuu Ling, Director of Nursing at Ren Ci Hospital has made it her mission to better protect the elderly residents against falls after witnessing the debilitating effects of hip fractures in seniors. She co-led the Ren Ci care team that collaborated with the Singapore Institute of Technology (SIT) and G4 Pte Ltd to develop a customised, breathable hip protector which has been tested to offer good protection and comfort for fall-prone seniors.

EXO+ is a lightweight hip protector made with breathable material for the local climate. The patented hip gear features a foam pad which is made of sandwiched layers of impact-absorbing foam, drawing inspiration from the exoskeleton structure of crustaceans and elastomers to cushion the wearer's hip in the event of a fall.

Ren Ci was the first in the community care sector to trial the EXO+ and results showed that fall-prone seniors found EXO+ comfortable to wear. It also instilled greater confidence in both the care staff and seniors when the seniors are moving about independently on their own.

To enhance safety of fall-prone residents across our facilities, Ren Ci will be purchasing more units of EXO+ using the Community Silver Trust funding from the Agency for Integrated Care.

Purchase enquiries from the general public can be directed to G4 Pte Ltd at karen@g4protect.biz.



Mr Mohamed Hafidz Bin Samat donning the EXO+ and walking under the watchful eye of a Ren Ci Hospital Resident Care Associate



We expect hip fractures among seniors to be on the rise as the population ages. There are existing hip protectors on the market but most are not easy to put on, trap heat when worn for long hours and cause discomfort for the elderly. Compliance becomes a real issue. EXO+ is easy to don on, more breathable and suitable for our local climate which aids the initial acceptance by the elderly residents. This addresses the issue of compliance so that seniors, especially those with osteoporosis, can avoid a potentially life-threatening hip fracture

Ms Tan Tzuu Ling
Director of Nursing



Home Sweet Home

Did you know that while the majority of nursing home residents are long-term residents, there are also residents who are rehabilitated enough that they can be discharged and go home to their families? One such example is Mr Ow Fook Seng, whom we had the pleasure of having with us at Ren Ci @ Ang Mo Kio this year!



Ray of Sunshine

Mr Ow was admitted to Ren Ci @ Ang Mo Kio in July this year, with postural blood pressure issues, lower limb weakness and an existing lower back problem. Nevertheless, his cheerful and optimistic personality shone through and he quickly settled in despite the new environment, making friends with his fellow residents in his household as well as our care staff. He was also generous of spirit, always willing to lend a helping hand not just to the other residents but also staff. When he saw other residents having difficulties with their meals, he didn't hesitate to reach out and help.

Strength of Mind and Body

Mr Ow came into Ren Ci @ Ang Mo Kio with one goal in mind – to successfully rehabilitate himself so that he could be discharged and go home to his loving family.

To tackle his issues, our physiotherapists taught him strengthening exercises for his hip, knee and ankle muscles, as well as stretches to manage his lower back pain. Our occupational therapists also educated him on his spinal condition, self-management strategies, fall prevention and recovery strategies. For example, doing ankle pumps before standing up would help prevent him from experiencing dizziness when changing from a lying or sitting position to standing. He carefully listened and took note of all the information, even studying an additional booklet provided to him by our staff.

He diligently attended all his physio and occupational therapy sessions, putting in the effort in his weekly and fortnightly sessions. In addition to these sessions with our rehabilitation staff, he also worked closely with our Resident Care Associates to supplement his sessions with his own exercise. He made sure to get at least three sessions a week in on top of his supervised exercises. In fact, our staff saw him doing exercises on his own while lying in bed in the wee hours of the night.

Such was his determination that in just three months, he showed remarkable improvement in his condition and in October this year, he was assessed to be ready to go home! Our staff held a party for him with his household and said a happy farewell as his dream of returning to live with his family came true.

We wish you all the best, Mr Ow! We share your joy in being able to be reunited with your family.

仁慈与新加坡理工大学和防御及 医疗保护装备公司G4合作推出 新髌关节保护带

仁慈医院与新加坡理工大学和防御及医疗保护装备公司G4合作推出新髌关节保护带。这款设计灵感来自甲壳动物的外骨骼结构的保护带，重约140克并由多层能吸收冲击力的海绵和高弹性材料制作而成。任何年长者穿戴后若不慎跌倒，有保护带垫着臀部，可降低髌部骨折的风险。轻便及透气的保护带围绕着臀部，可吸收年长者跌倒时约20%的冲击力。

随着年龄的增长，年长者骨骼肌肉质量和功能逐渐削弱更易摔倒，甚至髌部骨折，严重的还会影响行动力。

我们自2019年11月开始研究为年长住户使用髌关节保护带，却发现市面上的类似产品较难穿戴、闷热且不舒服。

助理护士长陈祖玲解释，新款髌关节保护带容易自行穿戴、更透气且适合本地炎热天气使用，让年长者更易接受。尤其是骨质疏松的患者，他们要是能一直戴着保护带，能避免危及生命的髌部骨折。她鼓励行动不稳或下肢无力容易摔倒的院友应时刻穿着保护带。

经研究测试，EXO+新髌关节保护带能吸收股骨头在跌倒时遭受的20.4%冲击力，比一般市面上的髌骨保护带有效，售价也低约一半，EXO+价格约80元。护理团队让七名院友试用保护带。除了设计和易用度获得正面评价，穿戴者认为保护带让他们更有信心自行活动。

陈祖玲说：“我们现在有了更好的解决方案，但关键是确保年长者了解并时刻戴着髌关节保护带。从初步试验中，我们发现使用这些辅助用品，可提升年长者在家中独立行走的信心，助他们保持行动能力。”

我们已经开始计划把保护带推广给更多的院友和社区医院的病患，让更多人受惠。



仁慈 2025愿景

“仁慈 2025愿景”是仁慈未来五年的策划方针和行动计划。这项于去年启动的计划目标，是将仁慈全方位提升到一个新水平，成为社区护理领域的领导者。仁慈2025愿景包含5项大纲 - 人员、合作伙伴关系、产品与服务、地方与环境 and 流程。

仁慈在董事会主席萧作鸣和高级管理团队的领导下，于11月共聚一堂参加一天的集思营，一起检讨“仁慈 2025愿景”的进展，并重新确定在疫情下如何继续为我们的院友和病患提供最好护理服务的策略。

大家全心投入每项活动、热烈讨论、认真思考、总结发言及交流意见。在大家的集思广益下达成共识。我们在为过去一年取得诸多的成就感到自豪的同时，我们必须更加努力，在未来几年做得更好。

“疫情时刻，仁慈上上下下对突如其来的困难没有止步、恪守本分，继续做好工作。我们必须继续在为社区提供优质的护理方面追求卓越，”萧作鸣主席说道。



仁慈为符合资格的人士 接种追加剂

政府提出国人须与冠病共存，以便如常生活，呼吁人们接种疫苗追加剂。因为它能够增强人们对抗冠病病毒的抗体，获得更大的保护，并免于出现重症。这是保护自己免受感染和减缓冠病传播的重要方式。

当卫生部批准及建议医疗与前线工作人员和社区里的年长者可接种追加剂时，仁慈医院迅速为所有符合条件的员工、患者、疗养院院友和日间护理中心的客户接种追加剂。

截至 11月底，接近百分之百的符合条件员工和超过百分之九十的院友，百分之七十的日间护理中心的客户已接种了追加剂。

我们也鼓励不适合接种信使核糖核酸 (mRNA) 冠病疫苗或对这类疫苗过敏的年长者接种科兴疫苗，以更好地保护自己和给予更长时间的保护。





《无限》

一首向前线无名英雄致敬的原创歌曲

仁慈医院推出原创歌曲《无限》，向疫情期间坚守工作岗位的前线抗疫工作人员致敬，也唱出对后疫情时代的美好憧憬。这首由仁慈医院八名员工以及志愿者所演唱的歌曲《无限》，道出对我国这些无名英雄的感激之情。卫生部兼人力部高级政务部长许宝琨医生也在面簿转发了这首原创歌曲，并撰文赞扬词曲扣人心弦。

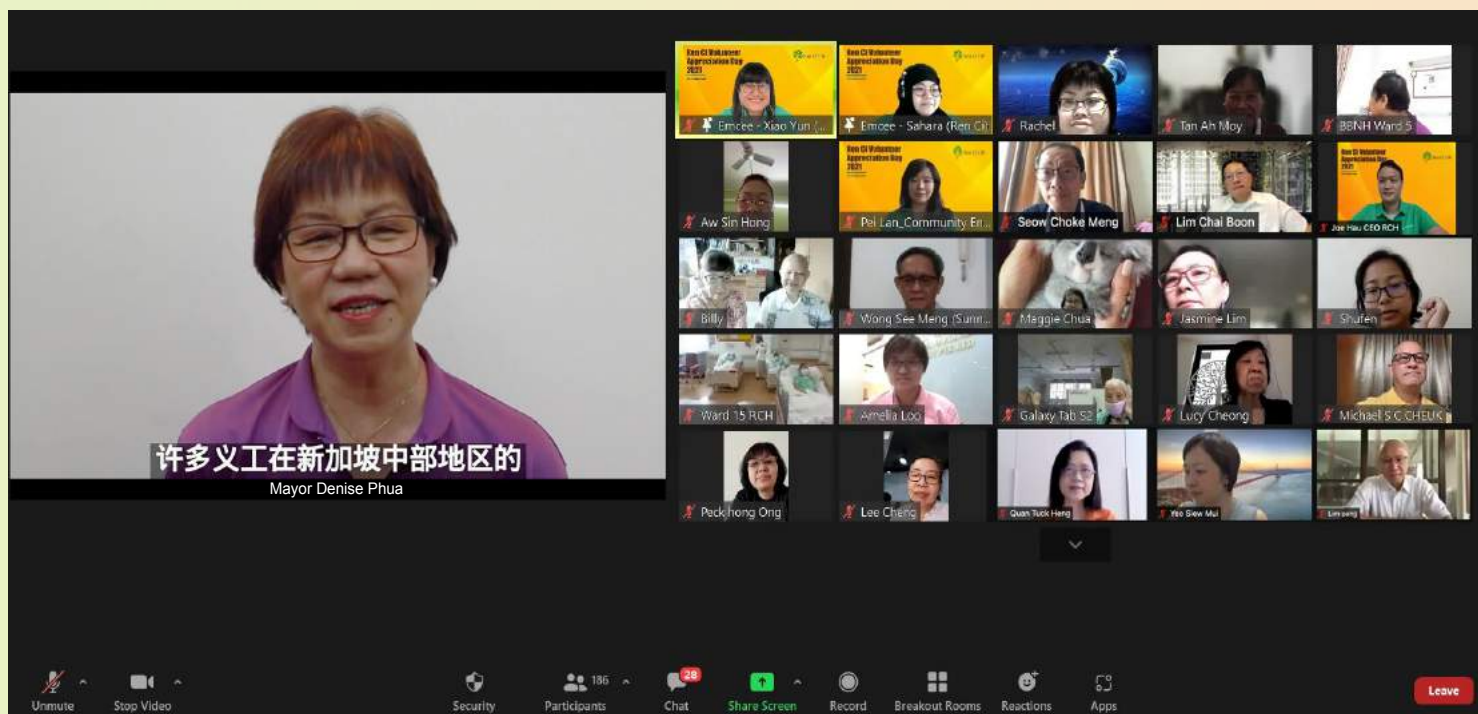
“我非常欣慰在逆境中看到了国人互相帮助，团结一致为有需要的人献爱心。”仁慈行政助理并负责作曲的洪来平说道。他认为，这首歌曲与仁慈在这段疫情期间的经历，以爱心照顾病患、院友的信念相呼应。公众可上我们的YouTube频道或 Giving.sg 收听这首暖人心扉的歌曲。这首歌也在 Giving.sg 进行筹款活动直到2022年2月28日。大家可以通过 AXS 终端机、支票、PayNow 等方式慷慨解囊。在赛马博彩管理局 (Tote Board) 的加强版筹款计划下，仁慈医院所筹得的款项将得到额外40%的资助。

仁慈高尔夫球慈善竞赛

时隔一年后，仁慈高尔夫球慈善竞赛于10月21日在郁郁葱葱的丹那美拉乡村俱乐部举行。这项竞赛在得到当局批准之后在安全管理措施下进行，仁慈也在活动前后落实防疫措施。当天晴朗的天气让128名高尔夫球爱好者欢呼雀跃。在大家的慷慨和努力下，赛事共筹得63万1千10新元。仁慈高尔夫球慈善竞赛组委会主席林永车和联席主席杨汉泉对所有赞助商和捐助者的支持表示衷心的感谢。



超越无限



仁慈首届线上义工慰劳会

相隔两年，仁慈于11月举办了首届线上义工慰劳会，以表彰和感谢义工朋友在疫情期间不懈付出！将近200人参与这场线上活动。中区市长潘丽萍为这场线上义工慰劳会录制一段祝福短片，向所有的义工朋友致敬。仁慈医院主席萧作鸣和执行总监侯自成积极参与并与义工们频频互动。

仁慈很幸运拥有一群忠实的义工朋友，其中有些义工已经在仁慈服务长达25年了。当天院方也如同往年颁发长期服务奖项给予160名义工，表扬他们多年来的奉献。

CloverHearts义工团队因其新项目<带我去走走>线上导览活动荣获今年的“启发启心奖”。这项以直播的方式带年长者“走访”本地各大景点和邻里社区，让很多难以外出的卧床病患在病房内通过电视荧幕看到医院外的景象。我们在上一期的《超越无限》报道了此项目。您可以参考上一期的报道以了解更多关于此有趣项目。

疫情当下，义工们没有因为阻断措施而暂停对病患和院友的关怀。抗疫期间，义工们不得不迅速从面对面的互动转向在线平台，线上传温情。这是一件很不容易的事。仁慈的员工与义工一起努力互相配合，让院友在这段时间还可以继续与外面的世界链接。仁慈医院谨此衷心感谢所有义工朋友多年来的热心支持。

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