



Motivating and Engaging Older Adults in Activities

Engagement is a factor in contributing to overall health and well-being. Cognitive health also allows us to think clearly, continue learning and remember things we need to participate in everyday activities. This course will explore the various factors influencing cognitive health, and discuss various strategies that could encourage cognitive health or encourage continued participation in everyday activities despite declines in cognitive health.

COURSE DETAILS



5 June 2024
9 am to 5 pm



Learning Objectives

- Understand engagement principles
- Describe the factors influencing engagement and cognitive health in older adults
- Apply the strategies and activities for encouraging engagement and cognitive health
- Apply the strategies to participate in everyday activities despite declining cognitive health



Course Fees

\$550 (incl. GST)

CCTG funding is eligible for 90% funding for Singaporean/Singapore Permanent Resident (PR) and 45% funding for foreigner.



Who Should Attend

Health care staff involved in the care of older adults in setting such as centre based services, home therapy, nursing homes and AAC



Method

Face to Face @ Ren Ci Learning Academy (71 Irrawaddy Road, Singapore 329562)

