



Maximizing Participation: Activity Selection and Modification

Have older adults in your care been looking bored? Want to provide more activities for them to engage in but not sure how? Engaging in therapeutic activities supports older adults' health and well-being. To facilitate this, it is important the activities that are chosen and how they are carried out to allow for older adults to participate in them optimally. This session will provide a guide on how to choose and modify activities with the aim of maximising engagement among older adults for their health and well-being.

COURSE DETAILS



21 October 2024
1pm to 5 pm



Learning Objectives

- Identify engagement from disengagement
- Explain value of promoting engagement in therapeutic activities for health and well-being
- Describe factors to consider when thinking about activities for clients
- Choose activities appropriate to clients' profile
- Illustrate potential ways to modify activities to suit clients' abilities



Course Fees

\$450 (incl. GST)

CCTG funding is eligible for 90% funding for Singaporean/Singapore Permanent Resident (PR) and 45% funding for foreigner.



Who Should Attend

Health care staff involved in the care of older adults in setting such as centre based services, home therapy, nursing homes and AAC



Method

Face to Face @ Ren Ci Learning Academy (71 Irrawaddy Road, Singapore 329562)

